



LUST reTREAT

Intensive pole heels weekend in Belgium

JANUARY 22-24, 2027



This is an **intensive pole heels weekend**, sweet and spicy mix of techniques and sensuality. Our 3 international instructors will indulge you with 2 WK of 90' each, offering you an amount of 9h of class.

9H OF WORKSHOPS

3 INTERNATIONAL INSTRUCTORS

POLE JAM AND PHOTOSHOOT*

GOODIES BAG WITH SOME SEXY TREATS

SNACKS DURING THE WEEKEND

GROUP DINNER*

STUDIO BEPOLE&YOGA, NIVELLES, BELGIUM



BE POLE & YOGA



This retreat is organized by Morgane (@Wanderlustmorgane) at the bright Bepole&Yoga's studio in **Nivelles**, Belgium.

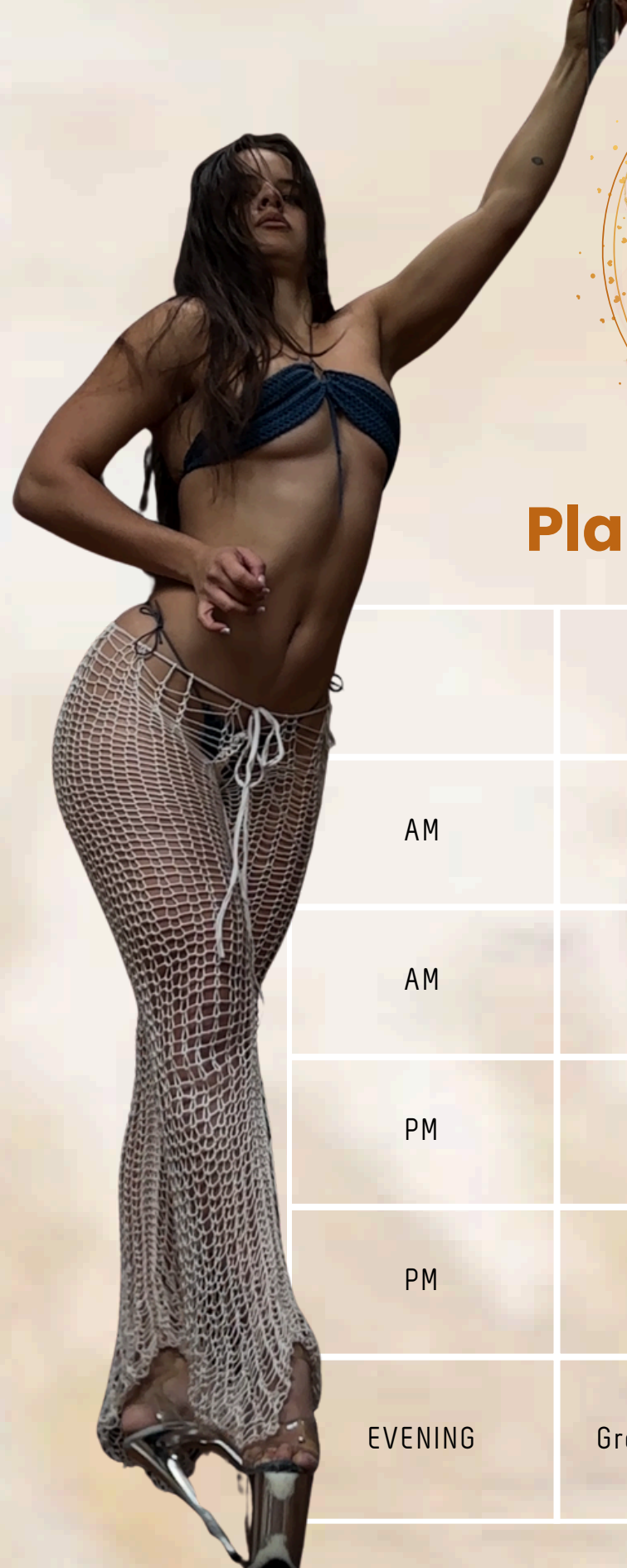
Specially made to please you, we have worked to reduce the price at the minimum. In addition to the 6 workshops, we will end this **immersive experience** with a sexy evening where we can all slink and dance together. Some others **optional group activities** are offered in addition.

To offer you a large variety of techniques and style, some workshops will be based on technical combos, others around sequences and some will be choreo based.

Every class is in heels (Pleaser type). A certain level is required, we do recommend to have less than 18 months' experience to subscribe (not very beginners-friendly). Anyway, you will be split in **groups according to your level** to offer you the best experience. Classes will be teaching in **English**.



22-24TH JANUARY 2027 – NIVELLES, BELGIUM



Planning – Schedule **

	FRIDAY	SATURDAY	SUNDAY
AM		Workshop	Workshop
AM	Workshop	Workshop	Workshop
PM	Workshop	Workshop	Workshop
PM	Workshop	Workshop	Workshop
EVENING	Group Dinner*	Pole Jam & Photoshoot*	* optionnal ** Schedule and instructors may be subject to change in the event of unforeseen circumstances beyond the host's control, including matters related to the studio or instructors.

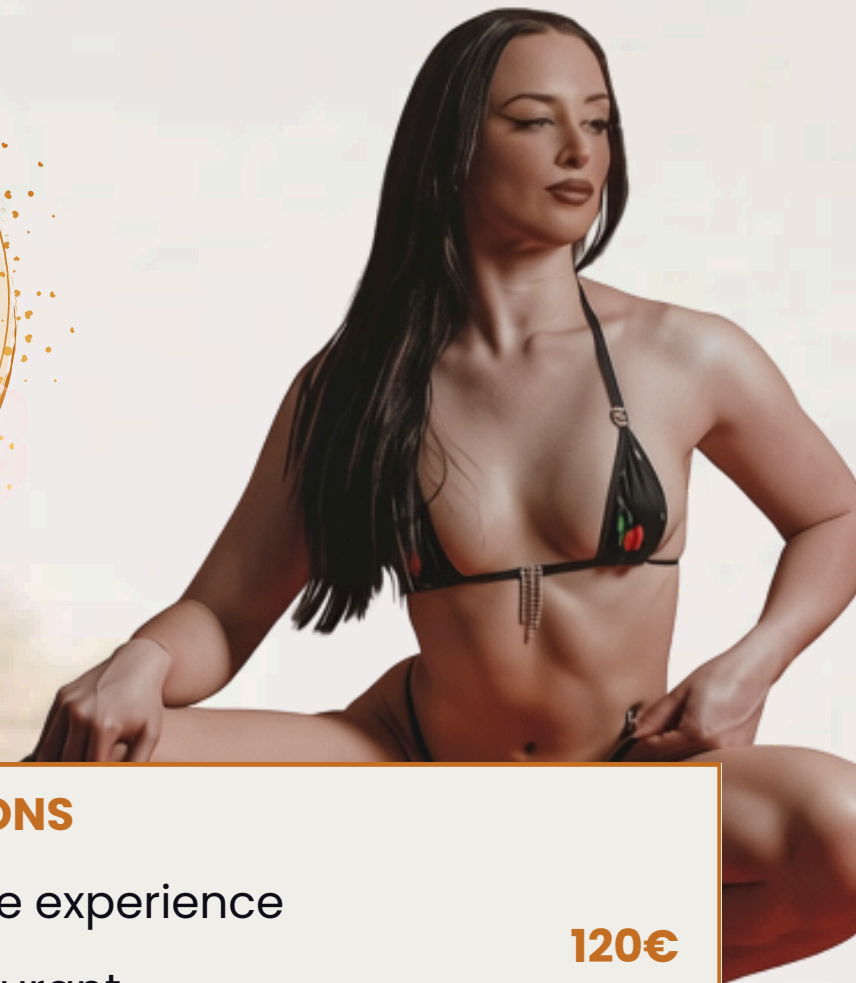
The Studio

We will be enjoying the beautiful light of the Bepole&Yoga Studio based in Nivelles. The space is wide with high ceiling and huge mirrors.

Very easy to access, this one is walking distance from the train station (only 20min train from Brussels) and surrounded by parkings (free during the weekend). A small shop (Delhaize) is the very next neighbour to refill you with snacks, lunch or drinks.



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Price

LUST PACKAGE

490€

9h of workshops
Pole jam Saturday night
Goodies bag with some sexy treats
Snacks during the weekend
Whatsapp community

OPTIONS

Deluxe experience	120€
Restaurant	35€
Shooting	45€
Tshirt + makeup bag "LUST"	15€

INDULGE PACKAGE : 650 €

LUST package + all options

Deluxe experience : sublime your experience by booking your own pole for the week-end. Be careful, to be one per pole is really making a big difference in intensity level. (only 2 spots/group available in this option)

Restaurant : join us for a nice evening on Friday evening in restaurant close by the studio.

Shooting : let's capture some amazing souvenirs of this retreat with some great photos of you dancing around the pole. You will get 8 HD pictures made by talented professional photographer. The schedule of this will depend on the number of attendees and their group. Of course, you can order some more photos afterwards when you see the result.

The price doesn't include :

- Accommodation or transport
- Lunch break meal

But the **studio is located just next to a supermarket** and **8' walk from the train station**

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BOOKING & payment

Inscriptions will be launched the 5th of August at 6pm through a **google form** accessible on our website : **www.lustcollective.be**.

We have 32 spots only so you'll have to be quick. Once the maximum number of attendees will be reached, you can still subscribe to the waiting list.

We only offer 2 spots per group for the « deluxe experience » & "indulge package". Group will be made according to your experience and level. You will have to indicate your pole heels level (dancing skills and not just pole technique).

We are applying the « **first come first served** » system for this weekend, do not overthink this and RUN.

Once you have filled up the google form, you have to click on this link to send your deposit (100€). Within the next 24h, you will receive an email with the transfer details and the whole paiement plan.

Deposit : 100€

100€

100€

100€

remain amount of your pack

by September

by October

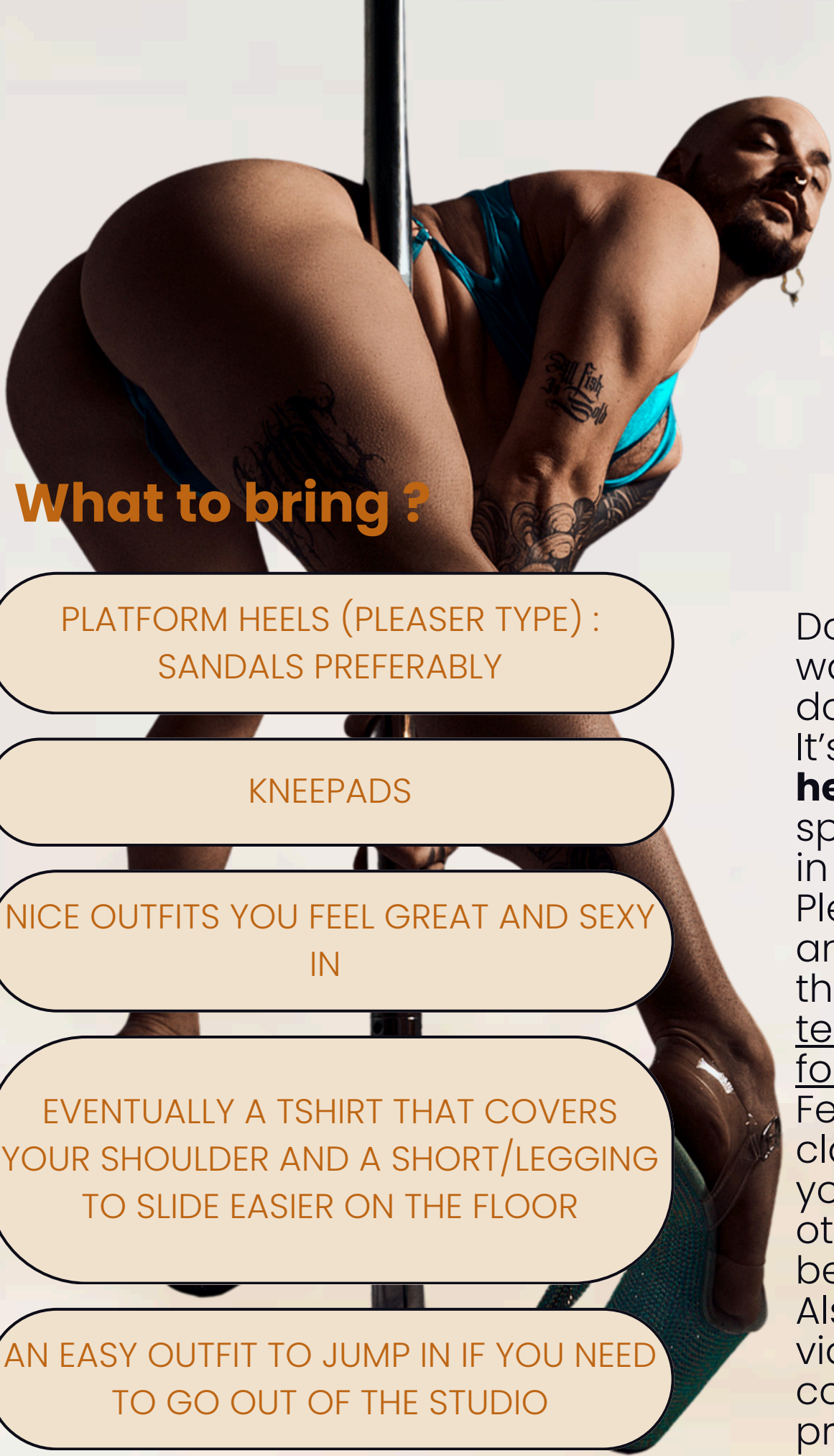
by November

→ **by December**

Every transfer in non-refundable. You can, of course, sell your ticket to another dancer by notifying the host.

Payment with bank transfer or Paypal. An invoice is of course possible !

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What to bring ?

PLATFORM HEELS (PLEASER TYPE) :
SANDALS PREFERABLY

KNEEPADS

NICE OUTFITS YOU FEEL GREAT AND SEXY
IN

EVENTUALLY A TSHIRT THAT COVERS
YOUR SHOULDER AND A SHORT/LEGGING
TO SLIDE EASIER ON THE FLOOR

AN EASY OUTFIT TO JUMP IN IF YOU NEED
TO GO OUT OF THE STUDIO

TOWEL AND WATER TO STAY HYDRATED!

Do not bring any jewellery or watch, NO MONKEY GRIP, poles don't like them.

It's always safer to subscribe to a **health insurance** (preferably a sport one). In any case, you are in charge of your own safety. Please be sure you are in health and medical condition to attend this retreat. Studio, host or teacher can't take responsibility for any injury.

Feel free to use your phone in class to record the instructors or yourself. Stay aware of asking other attendees if they are ok to be filmed if in the background. Also, the host will take photos & videos during the camp. Those could be used in social media to promote future event. If you don't agree to appear in promotional content, warn Morgane.

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BE POLE & YOGA



INSCRIPTION, INFOS &
DEPOSIT AVAILABLE ON OUR
WEBSITE

WWW.LUSTCOLLECTIVE.BE

Spots are limited.
Reserve yours today.

Like always, we offer
discount to SW → DM or
email us

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LUST

reTREAT

22-24th Jan 2022

